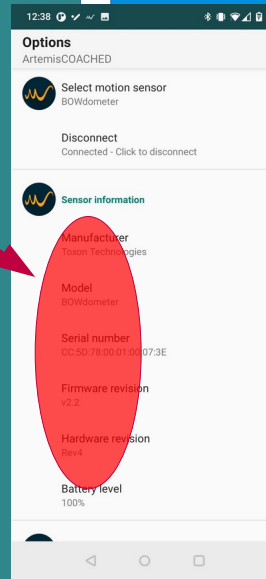
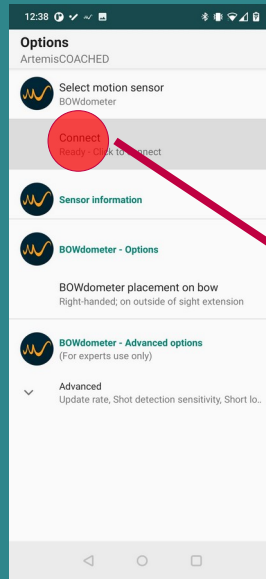
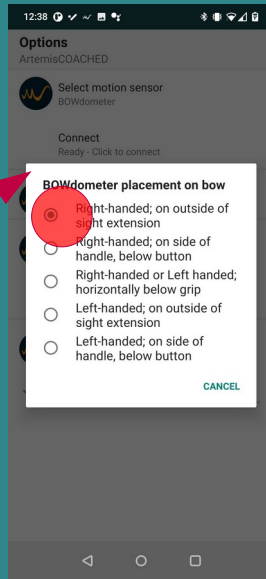
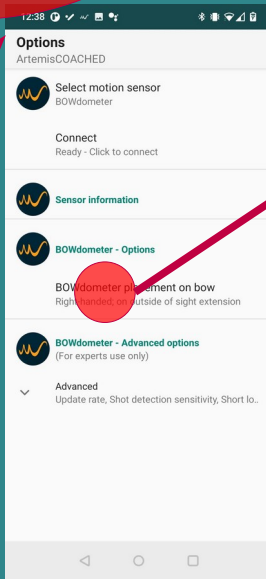
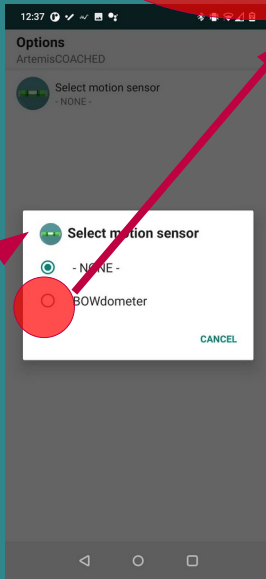
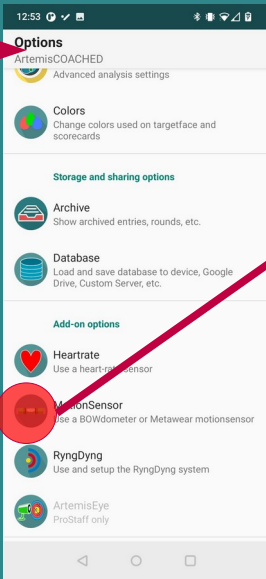


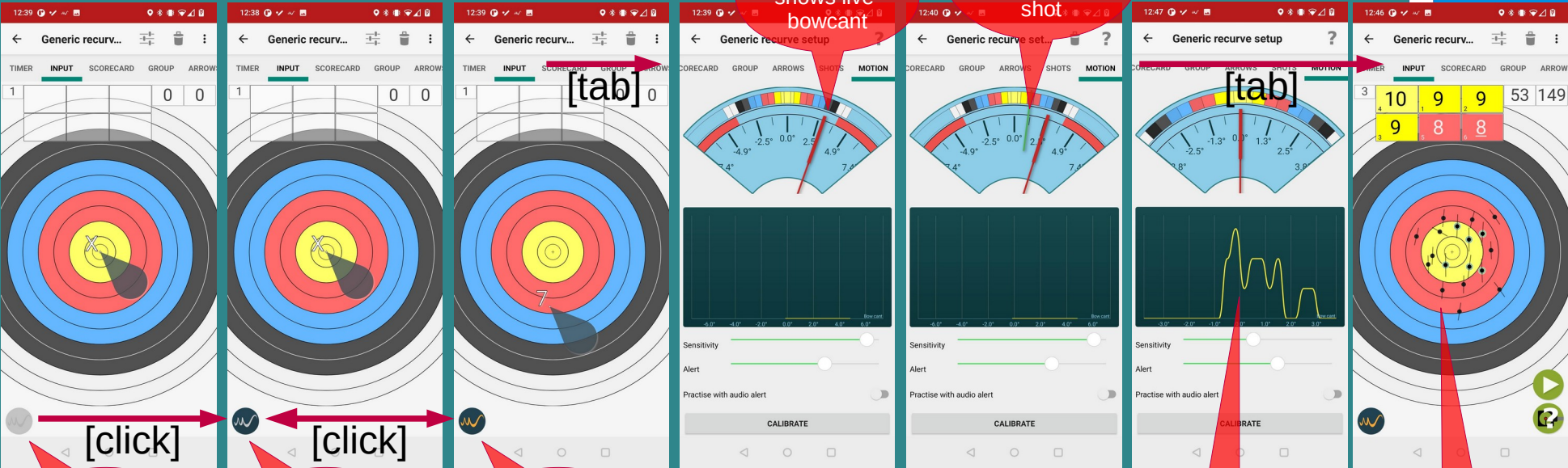
# SET-UP



Before connecting in Artemis;  
Go to BOWdometer app, make sure;  
**1) BOWdometer is connected**  
**2) A (new) session is started**



# PLOT AND USE



Red needle shows live bowcant

Green needle shows bowcant at moment of shot

[click]

[click]

[tab]

[tab]

BOWdometer selected but not connected

BOWdometer connected

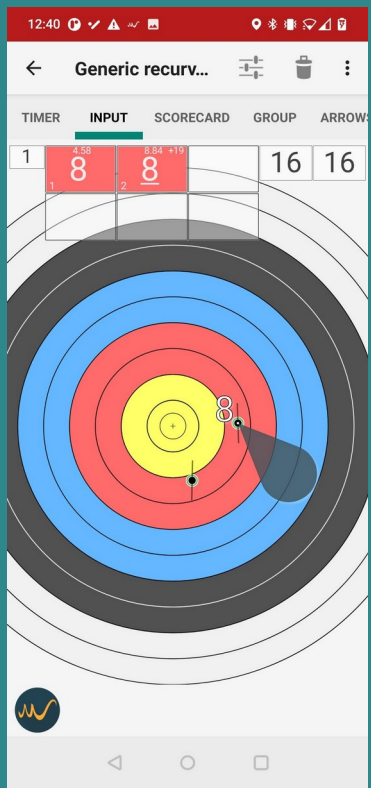
BOWdometer live bowcanting

Shows bowcant variation for all shots

Shows bowcant variation for all shots

	Ready	BOWdometer is selected as motion device in Artemis main-menu; click to connected
	Connected	Xi-value and timing will be stored with each plot (only if BOWdometer detected a shot)
	Stream	Xi-value, timing and bowcant will be stored with each plot (only if BOWdometer detected a shot)
	Error	Connection is shutdown, click to turn off

# ANALYSIS



Xi value

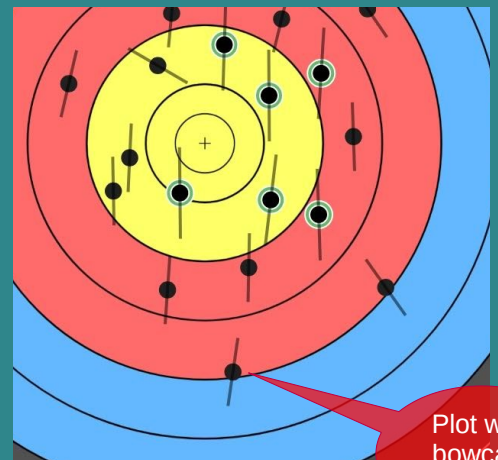
Xi value

Time [sec] between shots

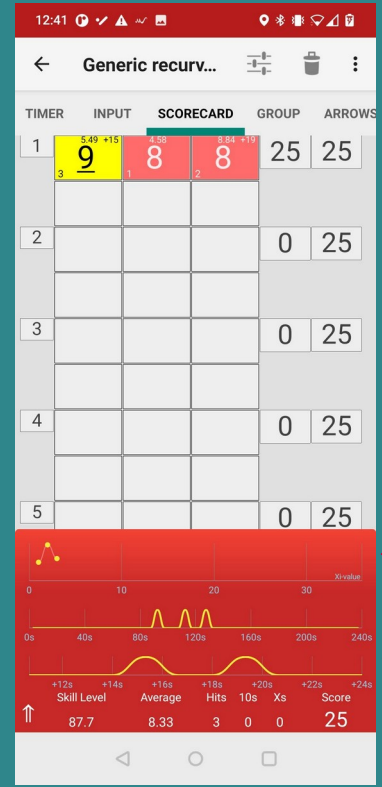
TIMER	INPUT	SCORECARD	GROUP	ARROWS
1	8	8.84 +19		
2	8			

First shot

Second shot



Plot with bowcant indication



Shows all Xi values

Timing of shots

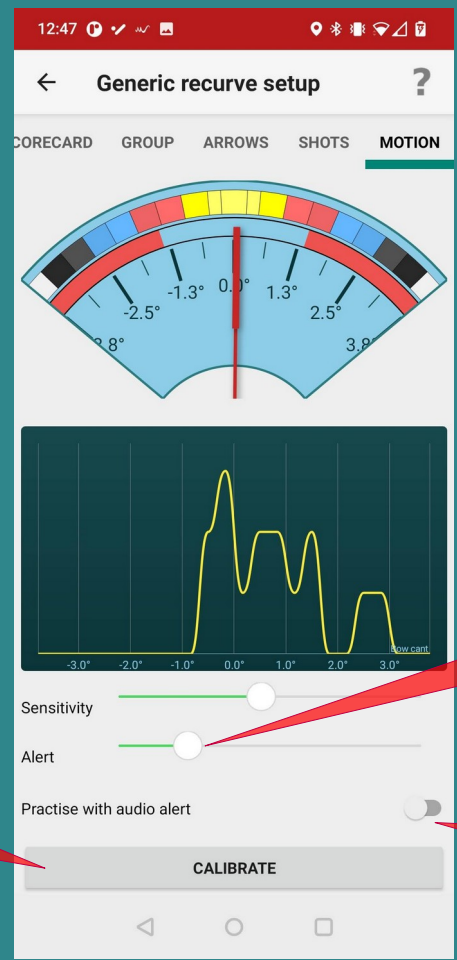
Rhythm of shots



# LIVE-FEEDBACK

At longer distances, bowcant variation is a **major** score-loss mechanism. Practise your bow is consistently vertical by using live feedback in Artemis

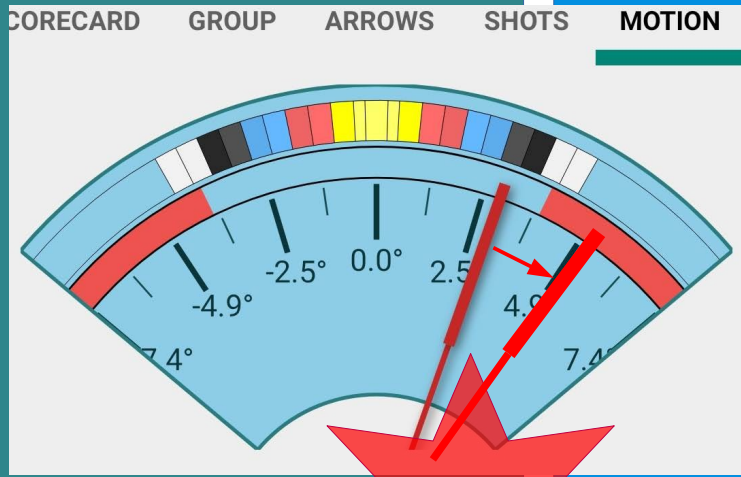
Live feedback!



1) Calibrate your bow's vertical

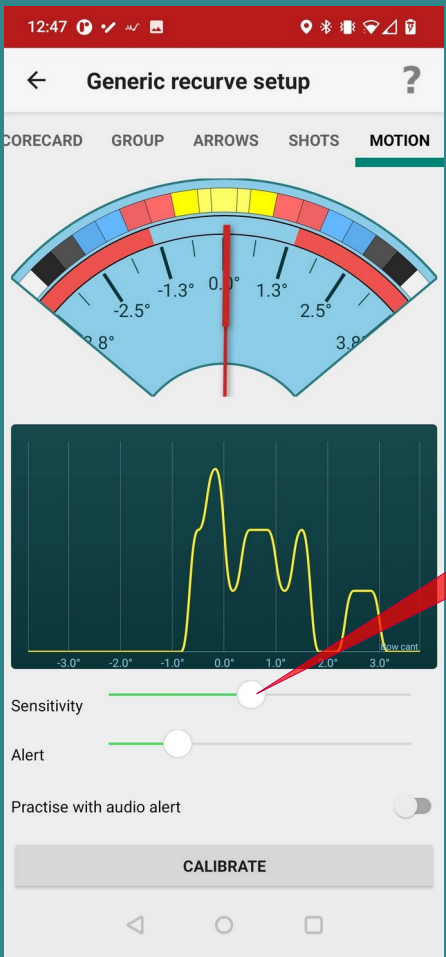
3) (Have your coach) set a range to practise

2) Turn on audio alerts



Beep-beep

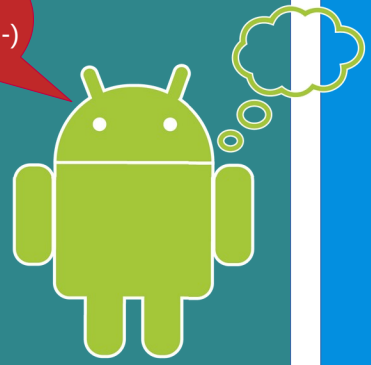
# BOWCANT INDICATOR



Sets the scale or sensitivity of the bowcant indicator

The target-face colors show 'what the effect will be of the bowcant' (Very complex maths...)

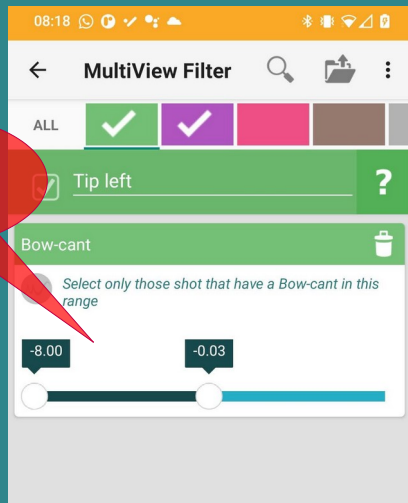
That's way too complex for me :-)



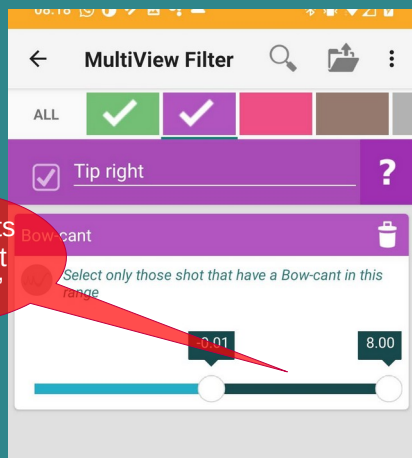


# ANALYSIS

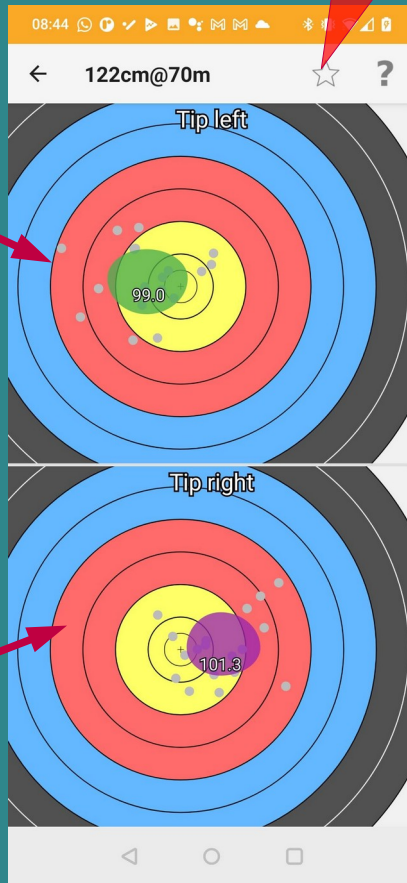
Select all plots with bowcant 'limbtip left'



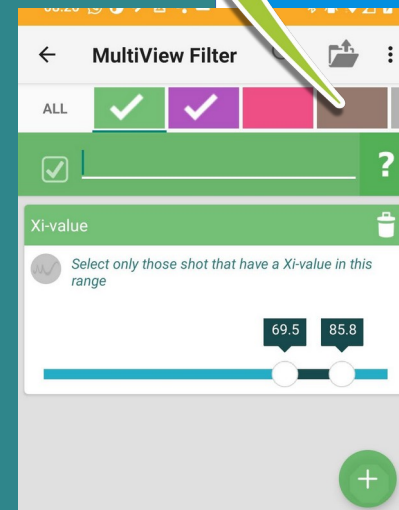
Select all plots with bowcant 'limbtip right'



See the effect



Or.. make interesting analysis on Xi values



ARTEMIS

